



*If you're married for "no matter how long",
or if you are engaged or seriously considering marriage,
Sacred Heart is hosting a retreat for you.*

This retreat offers a light-hearted experience **celebrating the joys** of married life while **valuing the challenges** and **embracing the treasures and sacrifices** of family.

GOALS

- Revisit the BASICS – remember the SACRAMENT
- Time for husbands and wives to pray together
- Make new friends – connect with old friends
- Share a few laughs
- Pray in union with others for marriage and family
- *TAKE A LITTLE WHILE JUST FOR THE TWO OF YOU*
- Continue celebrating your marriage through your Matrimonial Graces
- Build relationships for a Community of Couples

OVERVIEW

8:30 a.m. Continental Breakfast & Welcome

9:00 a.m. Introductions and Orientation

- Remembering the Story and the Sacrament and Riding the Roller Coaster
- Small Groups Breakout Session 1: What was that?

BREAK

- Scripture and Graces and Holiness
- Small Groups Breakout Session 2: *What's next?*
- Time Together:
Couples' Prayer Time with LUNCH and LOVE!!
Adoration & Confession

1:00 p.m. Conclusion

OPTIONAL SOCIAL

Registration

Go to the Parish Website at <https://www.sacredheartsavannah.org>
Under the UPCOMING EVENTS page you'll find the link to register and additional information
OR Register in the back of the church after Mass starting Saturday, September 3rd.